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There are numerous studies in the literature that document correlations between sleep positioning and carpal tunnel but actually, any of the peripheral nerves are subject to it. It all depends on how you sleep. No one knows that the magnitude of compressive stress applied to a nerve over a long period of time may cause significant changes to the intrinsic blood supply to the nerve. References:

Peripheral Nerve Entrapment and Injury at the Wrist https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2599973

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